

# ***HOME ECONOMICS :***

**A GUIDE FOR YOUNG LADIES**

**STUDENT WORKBOOK**

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*The Puritans' Home School Curriculum*  
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## INSTRUCTIONS FOR STUDENT

“But speak thou the things which become sound doctrine...The aged women likewise, that [they be] in behaviour as becometh holiness, not false accusers, not given to much wine, teachers of good things; That they may teach the young women to be sober, to love their husbands, to love their children, [To be] discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed.” (Titus 2:1-5)

Home-making is an occupation to which young ladies should aspire, as God’s word attests. It is a high and noble calling. But like other occupations, it requires many skills if it is to be done well. Of course, for those who are satisfied with poor or mediocre performance, home-making – like so many other occupations – requires little training or skill. But for those who seek quality, home-making requires as much or more skill as engineering, accounting, construction, or medicine.

This course seeks to train students in that skill, using the book *Home Comforts : The Art and Science of Keeping House (Hardcover)* by Cheryl Mendelson (available at [http://www.amazon.com/gp/offer-listing/068481465X/ref=dp\\_olp\\_1/102-2251988-7002550?%5Fencoding=UTF8](http://www.amazon.com/gp/offer-listing/068481465X/ref=dp_olp_1/102-2251988-7002550?%5Fencoding=UTF8) ). Although this book is not written from a Christian perspective, it contains a wealth of information about keeping house which is useful to Christians and non-Christians alike.

For each chapter in *Home Comforts*, please complete an Assignment Worksheet found on the next page. You will need to make copies of this worksheet in order to have enough for each of the 72 chapters in *Home Comforts*. The assignment for each chapter includes a project you must come up with relating to the topic covered in the book’s chapter. Before performing the project, make sure it meets with your teacher’s approval. Here are some example project ideas, to help you come up with your own:

- For chapter 3’s project (chapter 3 is entitled “Neatening”) determine how you can make your own bedroom better organized and keep it neat. Discuss your ideas for improvement with your teacher. Organize your bedroom, and keep it neat. Let your teacher inspect the room during the project period.
- For chapter 23’s project (chapter 23 is entitled “Ironing”) iron various clothes, using the information you learned in chapter 23. Let your teacher inspect how well you iron, and give you helpful advice for improvement.
- For chapter 50’s project (chapter 50 is entitled “Sewing”) sew clothes needing sewing in the house, such as loose buttons, using the information you learned in chapter 50. Let your teacher inspect how well you sew, and give you helpful advice for improvement.

With God’s blessing and diligent study and practice, you can become like the woman described in Proverbs 31: “She looketh well to the ways of her household, and eateth not the bread of idleness... Favour [is] deceitful, and beauty [is] vain: [but] a woman [that] feareth the LORD, she shall be praised. Give her of the fruit of her hands; and let her own works praise her in the gates.”

**ASSIGNMENT WORKSHEET FOR CHAPTER # \_\_\_\_\_**

**Summarize in several sentences the main contents of the chapter:**

**Describe some things you learned in the chapter:**

**Briefly describe the project you came up with and your teacher approved related to the chapter:**

**Describe what you learned from performing the project:**